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### ADDRESSES & PHONE NUMBERS

**CENTRAL UTAH PUBLIC HEALTH DEPARTMENT**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Number</th>
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<tr>
<td>Delta</td>
<td>362 E Main Suite 1 Delta, UT 84624</td>
<td>435-864-3612</td>
</tr>
<tr>
<td>Loa</td>
<td>18 S Main Loa, UT 84747</td>
<td>435-836-1317</td>
</tr>
<tr>
<td>Nephi</td>
<td>160 N Main Nephi, UT 84648</td>
<td>435-623-0696</td>
</tr>
<tr>
<td>Fillmore</td>
<td>40 N 400 W Fillmore, UT 84631</td>
<td>435-743-5723</td>
</tr>
<tr>
<td>Manti</td>
<td>40 W 200 N Manti, UT 84642</td>
<td>435-835-2231</td>
</tr>
<tr>
<td>Richfield</td>
<td>70 Westview Dr Richfield, UT 84701</td>
<td>435-896-5451</td>
</tr>
<tr>
<td>Junction</td>
<td>550 N Main St Junction, UT 84740</td>
<td>435-577-2521</td>
</tr>
<tr>
<td>Mt. Pleasant</td>
<td>20 S 100 W Mt Pleasant, UT 84647</td>
<td>435-462-2449</td>
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**SIX COUNTY ASSOCIATION OF GOVERNMENTS**

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<tr>
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<tr>
<td>Sevier County Admin Building</td>
<td>250 N Main St Richfield, UT 84701</td>
<td>435-893-0700</td>
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**WORKFORCE SERVICES LOCATIONS**

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<tr>
<th>County</th>
<th>Address</th>
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<td>Juab County</td>
<td>620 N Main St Nephi, UT 84648</td>
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<tr>
<td>Piute County</td>
<td>550 N Main St Junction, UT 84740</td>
<td></td>
</tr>
<tr>
<td>Sevier County</td>
<td>115 E 100 S Richfield, UT 84701</td>
<td></td>
</tr>
<tr>
<td>Millard County</td>
<td>44 S 350 E Rd Delta, UT 84624</td>
<td></td>
</tr>
<tr>
<td>Sanpete County</td>
<td>55 S Main St Suite 3 Manti, UT 84642</td>
<td></td>
</tr>
<tr>
<td>Wayne County</td>
<td>18 S Main St Loa, UT 84740</td>
<td></td>
</tr>
</tbody>
</table>
ABUSE/NEGLECT - CHILD & ADULT

Child Protective Services - Child and Family Services 855-323-3237
Investigates child abuse and neglect cases, and offers family and youth services.
https://dcfs.utah.gov/services/child-protective-services/

Delta Office 435-623-7207
https://www.dcfoffices.org/office/delta-dcfs-office

Fillmore Office 435-743-6611

Manti Office 435-835-0780
https://www.dcfoffices.org/office/manti-dcfs-office

Nephi Office 435-623-7207
https://dcfs.utah.gov/?s=nephi

Richfield Office 435-896-1250
https://www.dcfoffices.org/office/richfield-dcfs-office

Children’s Justice Center
Provides a safe environment for children while being interviewed regarding alleged abuse.

Sevier County 435-893-0488
https://www.sevierutah.net/departments/county_departments/children_s_justice_center/index.php

Sanpete County 435-283-3120
https://www.sanpete.com/childrens-justice.html

Juab/Millard Counties 435-623-3414

Adult Protective Services 800-371-7897
Helps prevent or stop abuse, neglect, and exploitation of vulnerable adults.
https://daas.utah.gov/adult-protective-services/
Child Protection Ombudsman 801-538-4589
https://hs.utah.gov/services/care-concerns

New Horizons Crisis Center
For women and children in crisis. This is a resource for victims of abuse and domestic violence.
https://centralutahcrisisintervention.org/

Bicknell 435-201-0493
Ephraim 435-851-3633
Fillmore 435-406-4683
Richfield 435-896-9294
CHILDREN’S PROGRAMS

ABS Kids 800-434-8923
Empowers children with autism spectrum disorders to reach their potential by understanding their world.
https://www.abskids.com/

Central Utah Youth Center 866-803-3492

Child Care Resources & Referral 888-344-4896
https://childcarehelp.org/

Family Support Center 435-896-4798
https://utahfamilies.org/find-a-center/richfield/
Crisis/Respite Nursery Services
Parental Education
Visitation Exchange

Headstart
Increases social competence of pre-k children in low income families.
Juab County 435-623-0941
Piute County 435-630-0089
Sevier County 800-841-2867 ext 5

Help Me Grow 801-691-5322
Provides information and referrals to connect families to resources.
https://helpmegrowutah.org

Workforce Services 801-526-0950
https://jobs.utah.gov/
Afterschool Providers
Care about Childcare
Child Care Assistance
Child Care Services
Child Care Subsidies
Early Learning Resources and Core Competencies
Utah State Extension
Provides Parenting Resources.
https://extension.usu.edu/relationships/parenting
Juab County 435-623-3450  Sevier County 435-893-0470
Piute County 435-577-2901  Wayne County 435-839-1312
Sanpete County 435-283-3472  Millard County 435-864-1480
Youth and Families with Promise
https://extension.usu.edu/sevier/4h/

RECREATION CENTERS

Juab County Recreation 435-623-5203
https://juabtravel.com/
Nephi Recreation 435-623-1004
https://www.nephi.utah.gov/150/Recreation

Sevier County Recreation 435-893-0400
https://www.sevierutah.net/
Richfield Recreation 435-896-6439
https://richfieldcity.com/parks-recreation/

Wayne County Recreation 435-836-2765
https://waynecountyutah.org/communities/community-center/

Sanpete County Recreation 435-283-4631
https://www.sanpete.com/
Ephraim Recreation 435-462-3108
https://www.ephraimcity.org/157/Recreation
Mt. Pleasant Recreation 435-462-3108
http://mtpleasantcity.com/recreation-department/

Millard County Recreation 435-864-3133
https://millardcounty.org/your-government/recreation/
Fillmore Recreation 435-743-4602
https://fillmorecity.org/recreation/
Delta Recreation 435-864-2759
https://www.delta.utah.gov/facilities/page/parks
7-1-1 Relay Utah

Is a state and nationwide telephone relay number that connects standard (voice) telephone users with deaf, hard of hearing, or speech-challenged individuals who use relay equipment.

https://relay.utah.gov/types-of-relay-calls-7-1-1/

Ability 1st

Empowers people with disabilities to live independently through education and provides information.

https://ability1stutah.org/

Division of Services of the Deaf and Hard of Hearing

https://jobs.utah.gov/usor/dhh/

Division of Vocational Rehabilitation

https://jobs.utah.gov/usor/vr/index.html

Intermountain Home Care & Hospice

https://intermountainhealthcare.org/locations

Delta/Fillmore

435-743-5430

Mt. Pleasant

435-462-3431

Richfield

435-893-0371

Red Rock Center for Independent Living

https://www.rrci.org/

Utah Department of Human Services

https://dspd.utah.gov/

435-896-1281
EMERGENCY

If this is a life threatening situation requiring ambulance, fire department, or police
DIAL 911 IMMEDIATELY

DISASTER SERVICES

American Red Cross 800-733-2767
https://www.redcross.org/

FEMA 800-621-3362
https://www.fema.gov/

Salvation Army 800-728-7825
https://www.salvationarmyusa.org/usn/

United Way of Central & Southern Utah 801-374-2588
https://www.unitedway.org/local/united-states/utah/united-way-of-central-southern-utah

HOTLINES

Adult Protective Services 800-371-7897
https://daas.utah.gov/adult-protective-services/

Child Protective Services 855-323-3237
https://dcfs.utah.gov/services/child-protective-services/

Domestic Violence TEXT “START” to 88788 800-799-SAFE
https://www.thehotline.org/

LGBTQ Suicide Support TEXT “START” to 678678 866-488-7386
https://www.thetrevorproject.org/get-help/

LGBT National Help Center 888-843-4564
https://www.glbthotline.org/

LGBTQ Crisis and Support TEXT “TALK” to 741741 800-273-8255
https://afsp.org/lgbtq-crisis-and-support-resources
Encircle 801-613-7305
Brings families and community together to enable our LGBTQ youth to thrive. Online support
groups and therapy.
https://encircletogether.org/services

Q Chat Space
Support for LGBTQ youth.
https://www.qchatspace.org/

National Runaway Safeline 800-RUNAWAY
https://www.1800runaway.org/ (786-2929)

RAINN National Sexual Assault Hotline 800-656-HOPE
https://www.rainn.org/about-national-sexual-assault-telephone-hotline
https://sexualassault.utah.edu/crisis-immediate-help/

Rape Recovery Center 888-421-1111
https://www.raperecoverycenter.org/

SafeUT 833-372-3388
A crisis chat and tip line that provides real-time crisis intervention
for students through live chat and a confidential tip program.
https://safeut.org/

Suicide Prevention 800-273-8255
https://liveonutah.org/get-help/

Utah Coalition Against Sexual Assault 801-746-0404
https://www.ucasa.org/

Utah AIDS Foundation 800-366-2437
https://www.utahaids.org/services/hiv-sti-info-hotline

Utah Public Mental Health 801-538-3939
https://www.opencounseling.com/public-mental-health-ut
Victim Connect 855-484-2846
https://victimconnect.org/resources/national-hotlines/

2-1-1 TEXT Your zip code to TXT211 211
Connects people to the services they need.
https://www.211.org/

LIFE THREATENING 911

Crisis/Suicide Prevention 877-386-0194
https://health.utah.gov/telephone-hotlines

National Suicide Prevention Lifeline 800-273-TALK
https://suicidepreventionlifeline.org/

Poison Control 800-222-1222
https://www.poison.org/

SHERIFF’S OFFICE

Juab County 435-623-1349
http://www.juabsheriff.org/

Millard County 435-743-5302
https://www.millardsheriff.org/

Delta Substation 435-864-2755
https://www.delta.utah.gov/publicsaf/page/law-enforcement

Piute County 435-577-2893
https://www.piuteutah.com/your-government/elected-officials/sheriff/

Sanpete County 435-835-2191
http://www.sanpetecountysheriff.org/

Sevier County 435-896-2600
https://scsoutah.com/

Wayne County 435-836-1308
https://waynecountyutah.org/services/sheriffs-office
UTAH DEPARTMENT OF PUBLIC SAFETY  435-896-6471
https://dispatch.utah.gov/contact/richfield-communications/

Highway Patrol
https://highwaypatrol.utah.gov/uhp-offices/

Section 10- Sanpete, Sevier, Piute, Wayne  435-896-2780
Section 14- Juab, Millard  435-743-6530

CITY POLICE DEPARTMENTS

Centerfield City PD  435-528-5511
https://www.centerfieldcity.org/police

Mt. Pleasant City PD  435-462-2345
http://mtpleasantcity.com/government/police-department/

Ephriam City PD  435-835-2345
https://www.ephraimcity.org/158/Police

Nephi City PD  435-623-1626
https://www.nephi.utah.gov/256/Police

Gunnison City PD  435-528-5532
http://www.gunnisoncity.org/police.htm

Richfield City PD  435-896-8484
https://richfieldcity.com/police-department/

Moroni City PD  435-436-8911
http://moronicity.org/city_dept/public-safety/
EMPLOYMENT SERVICES

Community Cares and Support Services
Provide vocational rehabilitation and employment services for those with disabilities.

Ephraim 435-283-6501
Delta 435-864-2509
Richfield 435-864-4383

Elwood Staffing Services 435-896-5922
https://www.elwoodstaffing.com/contact-us-and-locations/UT

https://ensignstaffing.com/

Richfield 435-896-0242
Ephraim 435-283-0242

LDS Employment Resource Services 435-896-6486

Workforce Services Provides job training, education and employment help. 866-435-7414
Support Child Care
Family Employment Program
Unemployment Insurance Benefits
Career and Education Assistance
Utah Registry for Professional Development
Utah's Career Ladder System

Workers' Compensations 801-530-6800
Wage Replacement Benefits, Medical Treatment, Vocational Rehabilitation, and other benefits.
https://laborcommission.utah.gov/
Air Quality: monitor pollution levels and investigate individual polluters within the area. This also includes investigation and compliance enforcement for smoking violations against the Clean Indoor Air Act.

Body Art, Cosmetology, and Tanning Sanitation: inspections of facilities to ensure safety and sanitation for the public.

Daycare Inspections: ensure a clean, sanitary, and safe care environment through the regulation of food handling, water supply, heating, lighting, and general safety.

Disease Outbreak Investigations: staff works together to investigate the cause, source, and means of a disease outbreak relating to water, food, vermin/pests, and biological or chemical contaminants.

Drinking Water Testing: surveys of all water supply systems to ensure clean, healthy water and operational water delivery systems.

Food Safety Program: inspections of food service facilities to ensure proper food handling practices and sanitation, additionally review plans and complaint investigations. This program also issues food establishment permits, food handler cards, and training to food service workers.

Onsite Wastewater (Septic) Systems: administration of wastewater management program including plan approval, permitting, and final inspection for all individual onsite wastewater systems.

Public Pool: inspections for safety and sanitation of public bathing facilities including water quality and the surrounding facilities.
**Solid Waste**: regulates the disposal of solid waste such as municipal garbage, tires, yard waste, construction debris, contaminated soil, farming waste, and other products illegally dumped within the area.

**Used Oil Recycling**: compliance inspection for used motor oil collection centers and the investigation on illegal oil disposal.
FOOD SERVICES

LOCAL HEALTH DEPARTMENT
Women Infant health provides money for nutrition (See Health section for more programs).

WORKFORCE SERVICES
SNAP/STAMPS 866-435-7414

SIX COUNTY SENIOR NUTRITION PROGRAM

<table>
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<tr>
<th>Location</th>
<th>Phone</th>
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<tbody>
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<td>Delta</td>
<td>435-864-2682</td>
<td>Richfield</td>
<td>435-896-6807</td>
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<td>Fillmore</td>
<td>435-743-5428</td>
<td>Salina</td>
<td>435-529-3901</td>
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<td>Gunnison</td>
<td>435-528-3781</td>
<td>Scipio</td>
<td>435-758-2449</td>
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<tr>
<td>Manti/Ephraim</td>
<td>435-835-2041</td>
<td>Piute</td>
<td>435-577-2183</td>
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<tr>
<td>Monroe</td>
<td>435-527-4061</td>
<td>Wayne</td>
<td>435-425-2089</td>
</tr>
<tr>
<td>Moroni</td>
<td>435-436-8275</td>
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CENTRAL UTAH FOOD SHARING M-Thur. 10-2, hours may vary.

<table>
<thead>
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<th>County</th>
<th>Phone</th>
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<td>Juab</td>
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<td>Sanpete County</td>
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<td>Millard</td>
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<td>Piute</td>
<td>435-577-2138</td>
<td>Wayne County</td>
<td>435-836-2422</td>
</tr>
</tbody>
</table>

LDS Bishop Storehouse  Contact Local Bishop

Utah State University Nutrition Guide
https://extension.usu.edu/nutrition/index

Utahns Against Hunger
Committed to assisting people in finding the food help that they need.
https://uah.org/get-help/

Meals on Wheels See Senior Services Section
Prepares and delivers free meals to seniors who are homebound and 60+. 
Summer Food Program  TEXT FOOD to 877-877  800-453-3663
Provides free meals to all children 18 and under when school is not in session. Call or text to find a summer food location near you.

Utah Food bank CSFP  See Senior Services Section  801-887-1275
Provides a free monthly food box for low income seniors 60+.
Circuit Breaker
Property tax credit for homeowners who meet certain income and resident requirements.
https://tax.utah.gov/relief/circuitbreaker/homeowner-credit

Money Management International
https://www.moneymanagement.org/

Office of Recovery Services
Collects child support.
https://ors.utah.gov/

Six County AOG see Housing and Senior section for more information.

Social Security
	National 800-772-1213
	St. George, UT Office 866-446-7085

Unemployment Insurance Center
https://jobs.utah.gov/ui/home

Volunteer Information and Tax Assistance
https://taxhelput.org/custom/501/volunteer_home

Worker’s Compensation Fund
https://laborcommission.utah.gov/
ABLE saving and investment solutions for people with disabilities.

The Utah Adoption Assistance Program provides help in getting a job, as well as cash payments, to a parent who has given birth to a child who has been placed for adoption.

Career and Education take the next step in your education, training or career that could lead to a dream job and higher wages.

Cash Assistance combined with supportive services and personalized case management.

Child Care helps parents cover the cost of child care.

Family Employment Program temporary cash assistance program for families.

General Assistance provides time-limited cash assistance and case management services to single adults and married couples that have no dependent children residing with them 50% or more of the time.

Homeless Prevention Emergency Assistance provides immediate help for short periods for families who don’t have enough money to prevent becoming homeless or having their utilities shut off due to a crisis beyond the control of the family.

Refugee Assistance we envision a strong integrated community engaged to empower refugees’ access to family-sustaining employment necessary to succeed in Utah for generations to come.

Specified Relative Program is a grandparent, sibling, uncle, aunt, or other qualified relative who has a child or children living with them and whose parents are both absent from the home.

Two Parent Program helps families increase their income and become self sufficient through employment.
LOCAL HEALTH DEPARTMENT PROGRAMS

**Anti-vaping Youth Club** works with youth prevention clubs at schools and city youth councils for teens.

**Baby Watch/Early Intervention** identify delays within children. Treatment services for children from birth to 3 years old.

**Car Seats** available for low-income families, depending on eligibility.

**Central Smiles** this program provides vouchers for dental care for qualifying uninsured children ages 0-18 years old.

**Children Special Health Clinic** provides evaluations and clinical diagnosis for children ages 0-18. Also works to coordinate school and community support services.

**Information on Opioid Overdose Prevention & Treatment Resources** free Nasal Narcan kits are available at each of our locations.

**Information on Diabetes** prediabetes and hypertension resources in our health district.

**Immunizations** are available to children and adults for preventable diseases. We also offer Flu, Pneumonia and COVID-19 vaccines.

**PAT (Parents as Teachers)** is an early childhood parent education and family support program that can serve families from pregnancy until age three. The program provides parents with child development information and parenting support.

**Self-Management Workshops** the following are available: Falls Prevention, Living Well with Chronic Conditions, Stepping On, Living Well with Chronic Pain, Tai Chi, Living Well with Diabetes.

**Walking and Hiking Challenge** sign up to join these challenges.

**Women, Infants, and Children (WIC)** is for low-income pregnant women, new mothers, and young children to provide access to nutrition education, health care, and counseling.
**Worksite Wellness** technical assistance and materials available for worksite wellness programs.

**NeedyMeds** 800-503-6897  
Provides assistance to people who can't afford medication.

**FamilyWize (discounted medication.)** 866-810-3784

**GoodRx (discounted medication.)**  
https://www.goodrx.com/

**WORKFORCE SERVICES PROGRAMS** 801-526-9675  
https://jobs.utah.gov/  
Child Health Insurance Program  
Primary Care Network  
Medicaid

**Planned Parenthood Association of Utah** 800-627-9651  
https://www.plannedparenthood.org/planned-parenthood-utah

**CLINICS (Medicare Accepted/Sliding Scales)**

**Circleville Clinic** 435-577-2958  
Provides healthcare to persons of all income levels.  
https://intermountainhealthcare.org/locations/location-details/circleville-clinic/circleville-clinic/

**Fountain Green Medical Clinic** 435-445-3301  
Accepts most insurances and offers discounts.  
https://www.centralvalleymedicalcenter.com/locations/fountain-green-medical-clinic/

**Four Points Health**  
Offers Primary Care, Dental Services and Behavioral Health, price is a sliding scale based on household size and income level.  
https://www.utahpaiutes.org/  
Medical 435-893-6800  
Dental 435-893-6806

**Nephi Medical Clinic** 435-623-3200  
Accepts most insurance including medicaid and offers discounts.  
https://www.centralvalleymedicalcenter.com/locations/nephi-medical-clinic/
Wayne Community Health Center
Cost of services are on a sliding scale based on income level and household size.

https://waynechc.org/

- Bicknell 435-425-3744
- Hanksville 435-542-3281

Workforce Services Insurance
https://jobs.utah.gov/index.html

- Child 0-18 Medical
- Elderly
- Medicaid/Medical
- People with Disabilities
- Pregnant Women Medical
- Refugees
HOUSING

USDA Rural Housing Services
435-896-8250
https://www.rd.usda.gov/ut

New Horizons Crisis Center (24/7 Safe Shelter)
435-896-9294
https://centralutahcrisisintervention.org/

LOW INCOME APARTMENTS

Juab County
  Mountain Shadows (Nephi, UT) 435-462-9125
  Nebo View and Red Cliffs (Nephi, UT) 435-623-1644

Millard County
  Delta Manor I & II 435-864-3376
  MT Catherine Manor (Fillmore, UT) 435-743-5211

Sanpete County
  Mt. Pleasant Apt 435-462-9125
  Christensen Senior Living Apt (Gunnison, UT) 435-436-8278
  Manti Senior Living Apt 435-835-6341
  Oak Creek Apt (Ephriam, UT) 435-813-2282
  Silver Maple Leaf (Ephriam, UT) 435-283-6363
  Palisade Park (Ephriam, UT) 435-283-3364

Sevier County
  Cedar Canyon Senior Living Apt (Richfield, UT) 435-896-8705
  Eagle View Townhomes (Richfield, UT) 435-896-2016
  Glenbrook Apt (Richfield, UT) 435-896-8705
  Maple Drive Apt (Salina, UT) 435-529-3490
  Urcy Belle Senior Living Apt (Richfield, UT) 435-896-8705
  Zion Way Apt (Richfield, UT) 435-893-9190
Heat Assistance helps low-income families and individuals with heating bills.

Weatherization Program helps low income families reduce energy cost and increase comfort and safety in their homes, and reduces energy costs by repairing, replacing, or upgrading things in their home.

Mutual Self Help qualified families achieve the dream of home ownership.

CROWN: Rent to own Homes enables qualified people to lease a home at a very affordable rent while earning financial credit towards purchase of the same home.

Home Repair several programs help with home repairs.

Crisis Program helps those about to be evicted, or utilities being shut off.

Workforce Services 435-893-0016

COVID Rent Relief

Sleep In Heavenly Peace 844-432-2337

No child sleeps on the floor, a charity that provides twin sized beds with sheets.

www.shpbeds.org/request-bed
ID INFORMATION

Health Department
435-896-5451
https://centralutahpublichealth.org/
   Birth Certificate
   Death Certificate

Social Security
800-772-1213
MENTAL HEALTH

American Community Corrections (Richfield, UT) 435-896-0246
https://www.accilifeskills.com/

Blair Counseling and Coaching (Ephraim, UT) 435-703-0756
https://www.blaircounselingandcoaching.com

Central Utah Counseling Center
https://www.cucc.us/
- 24 Hour Crisis Line 877-469-2822
- Ephriam 435-864-3073
- Richfield 435-896-8236
- Delta 435-864-3073
- Fillmore 435-743-5121
- Gunnison 435-283-4065
- Junction 435-896-8236
- Loa 435-896-8236

Cornerstone Clinical Services (Delta, UT) 435-864-7072
https://www.cornerstoneclinicalservice.com/

Ephraim IHC Clinic 435-283-4076
https://intermountainhealthcare.org/locations/ephraim

Four Points Health (Kanosh & Richfield, UT) 435-893-6800
https://fourpointshealth.org/services/

Greene Counseling (Manti, UT) 435-633-9142
https://greenecounseling.com/

Healing Heart and Soul (Ephraim, UT) 435-851-5863
https://www.healingheartandsoultraumatreatment.com/

Health Choice (Central, UT) 877-358-8797
https://healthchoiceutah.com/health-wellness/behavioral-health/
Ipac Counseling Center (Richfield, UT) 435-896-9200

Insight Counseling (Ephriam, UT) 435-851-0361
https://insight-counseling-llc.business.site

LDS Family Services 435-896-6446
https://providentliving.churchofjesuschrist.org/lds-family-services/counseling-services?lang=eng

MATR Behavioral Health (Delta & MT. Pleasant, UT) 435-462-2781
https://www.matrbehavioralhealth.com/

New Horizons Crisis Center (Richfield, UT) 435-896-9294
https://centralutahcrisisintervention.org/

New Beginnings Family Counseling (Manti, UT) 435-528-7048

Rise Up Counseling (Salina, UT) 435-201-9779

Sevier Valley Hospital 435-893-0644
Available to those who are underinsured, or have deductibles higher than $5,000
https://intermountainhealthcare.org/locations/sevier-valley-hospital/medical-services/mental-health-services/

Stepping Stones Family Counseling (Richfield, UT) 435-979-1581

Sunray Family Counseling (Ephraim, UT) 435-283-4690
https://www.sunrayfamilycounseling.com/

Skyline Counseling (MT. Pleasant, UT) 435-200-3182
https://www.skylinecounselingcenter.com/

Utah Behavior Services (Richfield, UT) 801-255-5131
https://utahbehaviorservices.com/
## SENIOR CENTERS & LIVING

### SENIOR CENTERS

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>East Juab</td>
<td>435-623-7306</td>
</tr>
<tr>
<td>Ephriam</td>
<td>435-283-6310</td>
</tr>
<tr>
<td>Fillmore</td>
<td>435-749-5428</td>
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<tr>
<td>Gunnison</td>
<td>435-528-3781</td>
</tr>
<tr>
<td>Manti</td>
<td>435-835-2041</td>
</tr>
<tr>
<td>M.E. Bird (Delta)</td>
<td>435-864-2682</td>
</tr>
<tr>
<td>Moroni</td>
<td>435-436-8275</td>
</tr>
<tr>
<td>Piute</td>
<td>435-577-2183</td>
</tr>
<tr>
<td>Richfield</td>
<td>435-896-6807</td>
</tr>
<tr>
<td>Salina</td>
<td>435-529-3901</td>
</tr>
<tr>
<td>Scipio</td>
<td>435-758-2449</td>
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<tr>
<td>Monroe</td>
<td>435-527-4061</td>
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### HOME HEALTH PROVIDERS

#### Juab County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Center Valley Medical Center</td>
<td>435-623-3050</td>
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<tr>
<td>Encompass Home Health</td>
<td>435-623-7260</td>
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<tr>
<td>Horizon Home Health</td>
<td>435-623-1400</td>
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#### Millard County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>In-home care of Delta</td>
<td>435-864-3530</td>
</tr>
<tr>
<td>In-home care of Fillmore</td>
<td>435-743-5430</td>
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#### Sanpete County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Gunnison Valley Home Health</td>
<td>435-528-3955</td>
</tr>
<tr>
<td>Intermountain Home Care</td>
<td>435-462-3431</td>
</tr>
<tr>
<td>Homewatch Caregivers</td>
<td>435-990-6176</td>
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#### Sevier County

<table>
<thead>
<tr>
<th>Provider</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>At-Home Health Care</td>
<td>435-529-3233</td>
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<tr>
<td>Horizon Home Health</td>
<td>435-896-8938</td>
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<tr>
<td>Intermountain Homecare</td>
<td>435-893-0371</td>
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<tr>
<td>Zion’s Way</td>
<td>435-688-0648</td>
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<tr>
<td>A Gentle Touch</td>
<td>435-688-0648</td>
</tr>
<tr>
<td>CARE CENTER/ASSISTED LIVING</td>
<td>Phone</td>
</tr>
<tr>
<td>-----------------------------------------------------------------</td>
<td>----------------</td>
</tr>
<tr>
<td>Autumn Park Assisted Living (Nephi, UT)</td>
<td>435-623-4242</td>
</tr>
<tr>
<td>Beehive Home (Richfield, UT)</td>
<td>435-979-1992</td>
</tr>
<tr>
<td>Curtis Assisted Living (Glenwood, UT)</td>
<td>435-896-9359</td>
</tr>
<tr>
<td>Country Lane Assisted Living (Mt Pleasant, UT)</td>
<td>435-462-9494</td>
</tr>
<tr>
<td>Golden Skyline Assisted Living (Ephriam, UT)</td>
<td>435-283-4922</td>
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<tr>
<td>Fillmore Community Hospital long term care</td>
<td>435-743-1514</td>
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<tr>
<td>Heritage Canyon Hills Rehab Center (Nephi, UT)</td>
<td>435-623-1721</td>
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<tr>
<td>Laurel Groves (Nephi, UT)</td>
<td>435-623-5000</td>
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<tr>
<td>Millard Care and Rehab Center</td>
<td>435-864-2944</td>
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<td>Mission at Community Living Rehab (Centerfield, UT)</td>
<td>435-528-2800</td>
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<tr>
<td>Monroe Canyon Assisted Living</td>
<td>435-527-8870</td>
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<tr>
<td>Richfield Rehab and Care Center</td>
<td>435-896-8211</td>
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<tr>
<td>Stonehenge of Richfield</td>
<td>435-896-2000</td>
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<tr>
<td>Serenity Springs (Loa, UT)</td>
<td>435-836-3600</td>
</tr>
<tr>
<td>Victorian Assisted Living (Levan, UT)</td>
<td>435-623-1415</td>
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</table>
SENIOR SERVICES

SIX COUNTY AGENCY ON AGING SERVICES  435-893-0700
       Sixcountyaging.com
Aging Medicaid Waiver
Congregate Meals
Home Delivered Meals
Inhome Caregiver
Legal Services
Medicare Improvement for Patients and Providers
Preventative Health
Providers
State Health Insurance Program
Senior Medicare Patrol
Transportation

SIX COUNTY SENIOR NUTRITION PROGRAM (Meals on Wheels)

Delta  435-864-2682
Fillmore  435-743-5428
Gunnison  435-528-3781
Manti/Ephraim  435-835-2041
Moroni  435-436-8275
North Sevier  435-529-3901
Piute  435-577-2183
Richfield  435-896-6807
Scipio  435-758-2449
South Sevier  435-527-4061
Wayne  435-425-2089

UTAH FOOD BANK CSFP  801-887-1275
A free monthly food box for low income seniors.
       www.utahfoodbank.org/csfp
SUBSTANCE ABUSE/ADDICTION

Central Utah Counseling Center  435-283-4065
Helps individuals who experience life-disrupting problems due to mental illness & substance abuse.
https://www.cucc.us/

Alcoholics Anonymous  801-484-7871
https://www.aa.org/

DRUG & ALCOHOL REHAB CENTERS

Pathways Inpatient (Glenwood, UT)  435-246-4434

Legacy Outdoor Treatment Center (Loa, UT)  866-436-4458
https://legacyoutdooradventures.com/meet-our-team/

Mountain Valley Recovery (Holden, UT)  435-253-0656
https://mountainvalleyrecovery.com/

New Life Recovery (Richfield, UT)  435-327-0120
https://adultnewliferecovery.com/

Matr Behavioral Center (Mt. Pleasant, UT)  435-462-2781
https://www.matrbehavioralhealth.com/
STATE/NATIONAL

Crisis Hotline
800-273-TALK

Homeless Veterans Hotline
877-4AIF-VET, 877-424-3838

VA SLC Healthcare System
https://www.va.gov/salt-lake-city-health-care/

- Main
  801-582-1565
- Enrollment
  801-854-2585
- Tip Line
  801-584-2575
- Mental Health
  801-584-1255

VA Regional Office

UT Department of Veterans Affairs
801-326-2372

Veterans Directed Care Program
435-893-0736

SERVICE ORGANIZATIONS

American Legion
800-433-3318
Veterans in need of advocates to help them achieve meaningful careers, education, health-care services, friends and stable homes are supported every day, free of charge, by The American Legion.
https://www.legion.org/mission

Disabled American Veterans
877-426-2838
Veterans get the benefits they’ve earned.
https://www.dav.org/

Military Order of Purple Heart
888-668-1656
Holistically enhancing the quality of life of all veterans and their families, providing them with direct service and fostering an environment of comradery and goodwill among combat-wounded veterans.
https://purpleheartfoundation.org/